

July 2017

Practice Schedule for UNION CITY JH/HS (2017 - 2018)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
16	17 CC JV/V 8:00 AM to 9:30AM (P) @Gym Foyer VB-JV/V 9:00 AM to 11:00AM (P) @Haviza Court FB-V 5:00 PM to 8:00PM (P) @Football Practice Field	18 VB-JV/V 9:00 AM to 11:00AM (P) @Main Gym FB-V 4:30 PM to 8:00PM (P) @Football Practice Field CH-JV/V 5:00 PM to 7:00PM (P) @North Side Gym	19 VB-JV/V 9:00 AM to 10:30AM (P) @Main Gym VB-JV/V 10:30 AM to 11:00AM (P) @Weight Room CH-JV/V 4:00 PM to 8:00PM (P) @North Side Gym FB-V 5:00 PM to 8:00PM (P) @Football Practice Field	20 CC JV/V 8:00 AM to 9:30AM (P) @Gym Foyer VB-JV/V 9:00 AM to 11:00AM (P) @Main Gym CH-JV/V 5:00 PM to 8:00PM (P) @North Side Gym FB-V 5:00 PM to 8:00PM (P) @Football Practice Field	21	22
23	24 CC JV/V 8:00 AM to 9:30AM (P) @Gym Foyer VB-JV/V 9:00 AM to 11:00AM (P) @Main Gym CH-JV/V 5:00 PM to 8:00PM (P) @North Side Gym FB-V 5:00 PM to 8:00PM (P) @Football Practice Field	25 VB-JV/V 9:00 AM to 11:00AM (P) @Main Gym CH-JV/V 5:00 PM to 7:00PM (P) @North Side Gym FB-V 5:00 PM to 8:00PM (P) @Football Practice Field	26 VB-JV/V 9:00 AM to 10:30AM (P) @Main Gym VB-JV/V 10:30 AM to 11:00AM (P) @Weight Room FB-V 5:00 PM to 8:00PM (P) @Football Practice Field	27 CC JV/V 8:00 AM to 9:30AM (P) @Gym Foyer VB-JV/V 9:00 AM to 11:00AM (P) @Main Gym CH-JV/V 4:29 PM to 7:30PM (P) @North Side Gym FB-V 5:00 PM to 8:00PM (P) @Football Practice Field	28	29
30	31 CC JV/V 8:00 AM to 10:00AM (P) @Harter Park FB-V 3:30 PM to 4:00PM (P) @Weight Room VB-JV/V 3:30 PM to 5:30PM (P) @Main Gym FB-JH 3:30 PM to 6:00PM (P) @Football Practice Field CH-JV/V 5:00 PM to 7:00PM (P) @North Side Gym					

CC JV/V = Cross Country (Co-ed JV & Varsity)
VB-JV/V = Volleyball (JV & Varsity)

CH-JV/V = Cheerleading (JV & Varsity)
FB-JH = Football (Junior High)

FB-V = Football (Varsity)

August 2017

Practice Schedule for UNION CITY JH/HS (2017 - 2018)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 CC JV/V 3:20 PM to 5:00PM (P) @Harter Park FB-V 3:30 PM to 4:00PM (P) @Weight Room VB-JV/V 3:30 PM to 5:30PM (P) @Main Gym FB-JH 3:30 PM to 6:00PM (P) @Football Practice Field CH-JV/V 5:30 PM to 8:00PM (P) @North Side Gym	2 FB-V 3:30 PM to 4:00PM (P) @Weight Room VB-JV/V 3:30 PM to 5:00PM (P) @Main Gym CC JV/V 3:30 PM to 5:00PM (P) @Harter Park FB-JH 3:30 PM to 6:00PM (P) @Football Practice Field CH-JV/V 5:00 PM to 7:00PM (P) @North Side Gym VB-JV/V 5:00 PM to 5:30PM (P) @Weight Room	3 CC JV/V 3:20 PM to 5:00PM (P) @Harter Park FB-V 3:30 PM to 4:00PM (P) @Weight Room VB-JV/V 3:30 PM to 5:30PM (P) @Main Gym FB-JH 3:30 PM to 6:00PM (P) @Football Practice Field CH-JV/V 5:30 PM to 7:30PM (P) @North Side Gym	4 CC JV/V 6:00 AM to 7:00AM (P) @Harter Park CH-JV/V 3:30 PM to 4:30PM (P) @North Side Gym FB-V 3:30 PM to 4:00PM (P) @Weight Room VB-JV/V 3:30 PM to 5:30PM (P) @Main Gym FB-JH 3:30 PM to 6:00PM (P) @Football Practice Field	5 CC JV/V 8:00 AM to 10:00AM (P) @Harter Park FB-JH 10:00 AM to 12:00PM (P) @Football Practice Field
6	7 CC JV/V 3:20 PM to 5:00PM (P) @Harter Park FB-V 3:30 PM to 4:00PM (P) @Weight Room VB-JV/V 3:30 PM to 5:30PM (P) @Main Gym FB-JH 3:30 PM to 6:00PM (P) @Football Practice Field CH-JV/V 4:30 PM to 7:30PM (P) @North Side Gym	8 CC JV/V 3:20 PM to 5:00PM (P) @Harter Park FB-V 3:30 PM to 4:00PM (P) @Weight Room VB-JV/V 3:30 PM to 5:30PM (P) @Main Gym FB-JH 3:30 PM to 6:00PM (P) @Football Practice Field CH-JV/V 4:30 PM to 7:00PM (P) @North Side Gym	9 FB-V 3:30 PM to 4:00PM (P) @Weight Room VB-JV/V 3:30 PM to 5:00PM (P) @Main Gym CC JV/V 3:30 PM to 5:00PM (P) @Harter Park FB-JH 3:30 PM to 6:00PM (P) @Football Practice Field CH-JV/V 4:30 PM to 7:00PM (P) @North Side Gym VB-JV/V 5:00 PM to 5:30PM (P) @Weight Room	10 CC JV/V 6:00 AM to 7:00AM (P) @Harter Park CC JV/V 3:20 PM to 5:00PM (P) @Harter Park FB-V 3:30 PM to 4:00PM (P) @Weight Room VB-JV/V 3:30 PM to 5:30PM (P) @Main Gym FB-JH 3:30 PM to 6:00PM (P) @Football Practice Field CH-JV/V 5:30 PM to 7:00PM (P) @North Side Gym	11 CC JV/V 6:00 AM to 7:00AM (P) @Harter Park FB-V 3:30 PM to 4:00PM (P) @Weight Room VB-JV/V 3:30 PM to 5:30PM (P) @Main Gym FB-JH 3:30 PM to 6:00PM (P) @Football Practice Field CH-JV/V 4:00 PM to 7:00PM (P) @North Side Gym	12 CC JV/V 8:00 AM to 10:00AM (P) @Harter Park FB-JH 10:00 AM to 12:00PM (P) @Football Practice Field
13	14 CC JV/V 3:20 PM to 5:00PM (P) @Harter Park FB-V 3:30 PM to 4:00PM (P) @Weight Room CH-JV/V 5:00 PM to 7:00PM (P) @North Side Gym	15 FB-V 3:30 PM to 4:00PM (P) @Weight Room CH-JV/V 5:00 PM to 7:00PM (P) @North Side Gym	16 FB-V 3:30 PM to 4:00PM (P) @Weight Room CC JV/V 3:30 PM to 5:00PM (P) @Harter Park CH-JV/V 5:00 PM to 7:00PM (P) @North Side Gym	17 CC JV/V 3:20 PM to 5:00PM (P) @Harter Park FB-V 3:30 PM to 4:00PM (P) @Weight Room CH-JV/V 5:00 PM to 7:00PM (P) @North Side Gym	18 CC JV/V 6:00 AM to 7:00AM (P) @Harter Park FB-V 3:30 PM to 4:00PM (P) @Weight Room	19

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